



Choosing Health

NORTHEASTERN VERMONT
REGIONAL HOSPITAL

Marijuana Use and Our Baby

*What do we know
about marijuana
use during
pregnancy and
breastfeeding?*



What we know about marijuana use during pregnancy and breastfeeding:

- May lower birth weight
- Smoke, vapor and edibles contain harmful chemicals
- May negatively alter your baby's brain cells
- THC and other harmful chemicals are found in breast milk
- Ongoing marijuana exposure may increase the risk of developmental and behavioral problems in children
- Marijuana use may increase unpleasant pregnancy symptoms instead of helping them. These symptoms include nausea, vomiting, poor appetite, anxiety and depression.

There are many remedies that are safe, natural and effective without exposing you or your baby to increased risks.

Northeastern Vermont Regional Hospital's Birth Center and Women's Wellness professionals are partners on the local Perinatal Marijuana Use Task Force. We are here to provide counsel and support.

For more information, contact the Women's Wellness Center, 802 748-7300.

If you speak another language, language assistance services, free of charge, are available to you. Ask for assistance.

Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Demandez de l'aide.

Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Pedir ayuda.



**NORTHEASTERN VERMONT
REGIONAL HOSPITAL**

Women's Wellness Center

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My Portal

