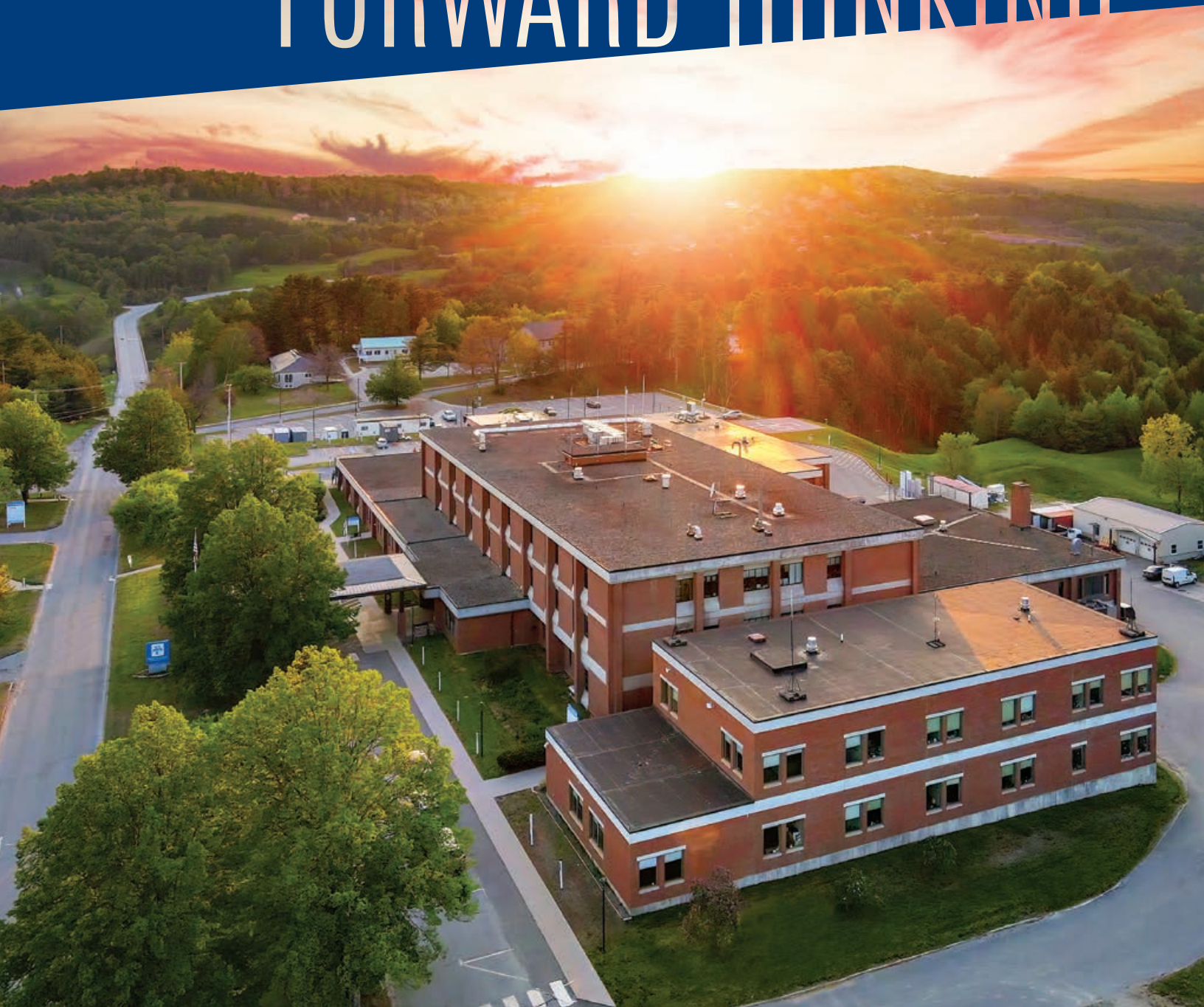




Choosing Health

Northeastern Vermont
Regional Hospital

FORWARD THINKING



SERVICE
TO THE
COMMUNITY

	2023	2022
Acute Inpatient Admissions*	1,513	1,549
Deliveries	231	194
Acute Inpatient Days*	5,310	5,612
Average Length of Stay (days)*	3.5	4
Operating Room Minutes	203,788	188,262
Emergency Department Visits	14,188	12,691
Diagnostic Imaging Exams	22,693	20,850
Laboratory Tests	218,962	208,383

*excludes swing bed and newborns

Forward thinking is about stepping out of your comfort zone. It is about evaluating the existing environment and imagining and reimagining ideas and concepts that move an organization towards a successful future – despite complex challenges.

FORWARD THINKING

Regardless of adversity (or maybe because of it), innovation requires creative thinking and dedicated people. NVRH has such a team. From our senior leadership to our entry-level employees, we are all encouraged to bring forth ideas for change and sustainability.



Forward thinking means meeting crucial community needs. NVRH's new Patrick & Marcelle Leahy Suite for those in mental health crisis will help our region keep pace with demand.

After celebrating our 50th anniversary last year – a year that saw the end of a three-year global pandemic – NVRH is poised to look forward, towards a new future in which the world of healthcare is rapidly changing. And we know that to be successful, we must see and understand these changes, then evolve to meet them.

As we move forward in our strategic plan for the future, we're developing the supports needed to excel, to establish NVRH as more than a rural community hospital – but a leader.



Mary Parent, Shawn Tester, and Josh Kantrowitz.

In June, the Courtyard Café was updated with colorful tables, chairs, and shade sails (as seen on page 1). Now staff, patients, and community members can enjoy fresh air in an even more vibrant and joyful space.

Board Chair Mary Parent: Here’s to the next 50 years of our great hospital

Reflecting on my second year as Board Chair of the NVRH Board of Trustees, I am proud of the accomplishments of the hospital over the past year — accomplishments that will put NVRH on strong footing in the future. With the pandemic related health emergency calming, we turned our attention to forward-thinking strategies.

Our focus this year as a Board of Trustees was to work with the hospital’s leadership to develop a comprehensive multi-year strategic plan. After multiple planning events and a lot of behind-the-scenes homework, I’m proud to say we have successfully launched a robust strategic plan. The plan builds on our proud 50-year legacy, and allows us to embark on the next chapter of NVRH in the key areas of community health, patient experience, leadership and workforce, and sustainability and innovation.

Progress is already evident in all of these areas. Notably, we completed construction of the new mental health support area in our Emergency Department, providing much-needed space to offer appropriate care and compassion for those in our community in mental health emergency. This was just Phase 1. Now, we are fundraising for the West Wing Project, which will be the largest construction project at NVRH since the facility was built in 1972. This next phase will revamp our Emergency Department, Pharmacy, and Lab to provide better patient experiences.

Our commitment extends to nurturing talent and innovation. Initiatives are underway to provide nursing training and to recruit new providers to the area. We are committed to retaining our exceptional staff. We are focused on bringing the best technology to NVRH to provide a level of care appropriate to a critical access hospital.

In 2023, we welcomed back visitors and volunteers, and have been able to celebrate our accomplishments in person. 2022 was the 50th anniversary of NVRH, and we have done a great job building on our past successes as we start our next half-century serving the Northeast Kingdom. Here’s to the next 50 years of our great hospital, as we continue to build upon the solid foundation we’ve laid, literally and figuratively.

Chief Executive Officer Shawn Tester: Despite healthcare hurdles – NVRH steps forward!

We’re at a crucial time in healthcare — locally, regionally, and nationally. Newly emerged from several years of unprecedented crisis, Vermont healthcare organizations now face additional hurdles: rising costs of goods and recruitment, increased need for support services and programs, and complex healthcare reforms have put a strain on our systems. Yet we at NVRH are determined to provide our patients and community with the highest-quality, easily accessible healthcare at an affordable price — so EVERYONE can get the care they deserve.

Here’s how we’ll best meet these challenges: We’ll move forward with innovation. By utilizing the skillset of our creative team, we’ll evaluate, understand, and implement. We’re already taking progressive steps to tackle the recruitment challenge by developing our own Career Advancement Program to increase our clinical workforce. We’re collaborating with strategic partners to address the increase in substance misuse and homelessness in our community and we’re breaking ground on an expansion project in our Emergency Department so we can better meet the increasing need for urgent care, including mental health services.

We know change is inevitable. Technology is changing. Insurance and billing structures are changing. Employee recruitment is changing. What does not change is the ever-present healthcare need of our patients. What we do now is vital to ensuring that our local healthcare system will remain strong — now and in the future — so patients win, communities thrive, and Vermont healthcare becomes a model for the nation.

Medical Staff President Josh Kantrowitz, MD: These are exciting times at NVRH

As a pediatrician, I get scheduled opportunities to see children grow and change when they visit for their yearly “well checkups.” Some years the changes are subtle, while others, it’s like I’m meeting a whole new person. The years when I see major change fill me with excitement for who that child is becoming, but also some nostalgia for what they have left behind.

These are exciting times at NVRH. Change is all around us. And while the hospital and its surrounding clinics are outstanding facilities, time marches on and it’s time for some well needed updates.

Like my patients who have outgrown last year’s school clothing, we’re ready for new spaces that meet the needs of this community. This summer saw the completion of the first wave of the West Wing project. This is a major step in helping patients gain access to quality and timely care. The newest space allows us to provide better support to patients seeking help for a mental health crisis and it relieves some of the crowding in our current Emergency Department. Next comes an updated Lab and Pharmacy, as well as a larger, modernized Emergency Department.

We’re excited to try on our “new clothes.”

The people who work at NVRH make this a unique and special place. In pediatrics, we know that a trusted mentor is often the difference between a child who thrives and one who struggles. Just as we all remember the parent, teacher, coach or neighbor who helped us become who we are today, I’ve been lucky to learn from some of the most committed and talented colleagues here at NVRH. Many of the people who have walked these halls for years have left us recently. Some are gone due to illness, some from a well-earned retirement, and some have moved on to a new chapter in their journey. We all feel their absence, but I am confident that we will honor their legacy as we move forward, providing outstanding medical care each and every day.

There are many new providers who have joined the NVRH family. Some come from far points on the compass and some grew up right here in the Northeast Kingdom. Everyone who joins NVRH chooses to be here because they care about this community. It is a privilege to serve with such a professional and dedicated team.

Our commitment to improving the quality of the care delivered at NVRH remains strong. We are constantly reviewing the outcomes of our work and listening to community feedback. We learn as we grow. From where I sit, we are growing well and the future looks bright.

People + Culture

Stacia Page, a Medical Secretary at NVRH General Surgery is pursuing certification as a medical assistant.



Scan here to learn more about CAP.

"I knew I liked having direct patient care and wanted to do more. When I heard about the CAP program and the opportunity to become a Medical Assistant, it seemed like a great fit for me to move my career forward."

Diagnostic Imaging Medical Secretary
Steve Stowell, LNA

Career Advancement Program (CAP) helps employees achieve their educational goals

NVRH is committed to fostering excellence in healthcare, and we believe that our employees are our greatest asset. That's why we offer the CAP, which provides full tuition coverage for select programs to eligible current part-time and full-time employees.

Through CAP, employees can pursue a college degree, a nursing license, or a specialized certificate. By removing the financial barriers of debt and loss of income, CAP inspires our workforce to reach new career heights, ultimately benefiting our patients and opening entry-level positions for the community — creating a pipeline of new healthcare workers.

We recognize the importance of balancing work and education, and we understand that pursuing further education requires dedicated time for studying, research, and coursework. That's why we offer paid study time for two of our CAP pathways: Certified Medical Assistant and Licensed Practical Nursing. Our paid study time policy ensures that employees have the necessary flexibility to focus on educational commitments while maintaining a work-life balance.

Diversity | Equity | Inclusion

This past year, as part of strategic planning initiatives, NVRH embarked on creating the infrastructure for a more inclusive environment. Enter the DEI committee — a group of committed team members who are creating the framework for future initiatives to celebrate and honor diversity, equity, and inclusion.



"It's not just about saying you're committed," says Chief Human Resources Officer Betty Ann Gwatkin. "It's about setting examples and showing that we recognize and appreciate each other's differences."

Diverse & Inclusive Culture – NVRH is committed to recognizing the uniqueness of our individual employees and patients. We look to reaffirm our commitment to diversity, equity, and inclusion to ensure ALL our employees and patients are treated with the respect they deserve. We're actively creating the framework to set a pace for growth and equity for all regardless of race, gender, age, education, sexuality and religion.



1,200 balls thrown during Joy Committee's Dunk Tank Event

The NVRH Joy Committee's Dunk Tank event raised over \$500. Despite the rain, members of the hospital's senior leadership team and special guests were dunked to benefit the NVRH Joy Committee.

Over 600 tickets were sold, and 1,200 balls were thrown.

Chief Information Officer Shawn Burroughs and Chief Medical Officer Dr. Michael Rousse were each dunked five times, CALEX Chief Executive Officer Michael Wright was dunked six times, NVRH Chief Executive Officer Shawn Tester was dunked 7 times, HR VP Betty Ann Gwatkin was dunked 10 times, and Chief Financial Officer Andre Bissonnette was dunked 14 times.

Half the raffle prize went to raffle winner Central Staffing Coordinator, Nursing Admin Michelle Bachand. CALEX Emergency grill was also onsite for lunch and snacks.



Brightlook is back!

After a nearly year and a half hiatus, Brightlook, the internal NVRH newsletter that is delivered electronically to inboxes for staff, volunteers, Corporators, and Board members is back.

Patients + Programs



Stepping forward – literally

To meet the increasing needs of our aging population, NVRH is stepping forward with a new podiatrist and a new location. In August, we welcomed Dr. Sara Zaidi, DPM and opened the doors to a new podiatry practice located on the NVRH hospital campus in the Medical Arts Building.



Dr. Zaidi's specialties include the treatment of all foot & ankle ailments – surgically & non-surgically – as well as evidence-based, standard-of-care treatment of diabetic and other neuropathic foot ulcerations.

"We are thrilled to have Dr. Zaidi join our team," NVRH VP of Operations and Medical Practices Laura Newell said. "She has a wide breadth of knowledge and skill, and we know that patients are going to enjoy working with her."



New pain management service improves quality of life

Because the mind and body are deeply connected, your thoughts, feelings and behaviors can significantly affect your chronic pain. Our Pain Psychologist works with patients using evidenced-based approaches, including Cognitive-Behavioral Therapy, for chronic pain. Studies have shown that individuals who engage in this treatment often achieve an improved quality of life.

A labor of love: free in-person childbirth education is back

In January 2023, the Birth Center at NVRH partnered with local doulas Katie Baker and Diantha Jones from Empowered Birthing VT to offer the community free Childbirth Education classes. Topics covered include nutrition and self-care, common tests, birth preferences, how to know you're in labor, stages of labor, common labor interventions, comfort measures and pain management, movement in labor, postpartum planning, your hospital stay, feeding your baby and more.

"The birth of your baby is one of the most important days of your life. We believe that the more prepared and knowledgeable you are about the birthing process, the more empowered you will feel when it comes time to meet your baby."

Empowered Birthing doula Diantha Jones

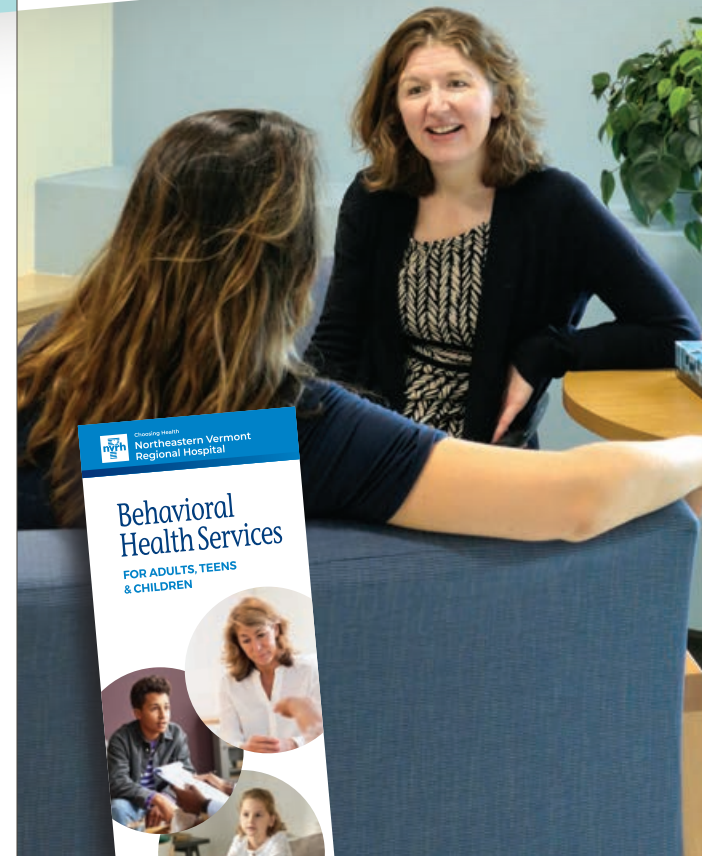


More important than ever, Behavioral Health Services compliment mental health care

Our nation and our region continue to face a mental health crisis exasperated by the effects of the global pandemic and a shortage of mental health professionals. According to the American Psychological Association, nearly 8 in 10 practitioners have seen an increase in the numbers of patients with anxiety, and

66% saw an increase in depression over the last two years. Despite the growing need, access to care in our nation has declined dramatically. That's why NVRH has put an emphasis on making Behavioral Health Services a priority. In addition to our Emergency Department expansion, which now includes the new Patrick & Marcelle Leahy Suite, a designated four-bed mental health support area, we provide Behavioral Health Services at Kingdom Internal Medicine, Corner Medical, St. Johnsbury Pediatrics, and Women's Wellness Center.

Katherine Harris, the Behavioral Health Specialist at Women's Wellness, talks with patients about a variety of mental health challenges, from anxiety to postpartum depression.



Security + Safety



Stop, drop, and roll? We can do better than that

The Emergency Preparedness Committee empowers staff, providers, and community partners with education and trainings to improve how NVRH responds to an emergency — such as a fire — safely and efficiently.

The committee aims to remove anxiety so that staff are confident and prepared. It also communicates recommendations to departments throughout

the hospital and advises leadership on emergency management issues that may necessitate changes in policies, procedures, and equipment.

On August 10, Emergency Management Coordinator and committee member Alissa Fontaine and Plant Operations Director and committee member Richard Degreena helped several departments run a code red (fire) drill.

ABOVE: Dan Wyand P.T. & Associates Athletic Trainer Ryan Farley practices using a fire extinguisher.

RIGHT: Alissa shows Dan Wyand P.T. & Associates Administrative Manager Brigitte Berry and NVRH phlebotomist Patsy Tower how to call a code using the InformaCast app.



	Code Black Complete
	Code Blue
	Code Blue Complete
	Code Grey
	Code Grey Complete
	Code Pink
	Code Pink Complete
	Code Red

Emergency codes, such as code red, are announced to alert staff to various classes of on-site emergencies.

Reducing Risk

NVRH has installed a sharps drop-box to reduce the community's risk of injury from improperly discarded needles. The mailbox sized box is intentionally located at the outside entrance of the hospital to promote access for those looking to safely dispose of sharps. A collaboration between NVRH and Vermont CARES, the project is supported by funding that was awarded to NVRH by the Vermont Department of Health for successfully implementing rapid induction for medication-assisted treatment in the Emergency Department. BAART and the Kingdom Recovery Center also helped in the effort. In addition to the sharps drop-box, a medication drop-box is located in the NVRH Emergency Department.

According to a 2020 community survey from the Northeast Prevention Coalition, almost 84% of respondents wanted drop-boxes for safe sharps disposal installed in Caledonia, Essex and Wells River communities. This became possible for Caledonia County in 2021, when NVRH partnered with Vermont CARES.



New NVRH Guest Wi-Fi increases security and accountability. Visiting NVRH and need internet access? Just connect to NVRH-Guest, enter your name, email address, and agree to our terms of use and you're ready to go!

Connecting – Safely

The NVRH Information Services team continues on its ever-evolving mission to secure our organization's network, devices, and facilities from external threats. Some of the more recent actions include the addition of Wi-Fi updates, monitoring software, and security cameras.

In May, we implemented a new wireless upgrade throughout our hospital facilities, which improved network reliability and speed, as well as security. Originally planned for 2022, the upgrade was delayed due to supply constraints. Previously, although our guest Wi-Fi network provided ease of access for both patients and staff, it did not have a mechanism to associate network access with specific users or monitor the content being accessed.

Email continues to be among the biggest threats. Phishing campaigns are getting more complex and clever. NVRH continues to test both the vigilance and current knowledge of all staff and have moved to deploy is a security incident event mon-



Information Services' Brian Wallace talks with Securitas' Leo "Rocky" LaCroix about the new video surveillance system.

itoring solution to help mitigate our risk. If, despite the best efforts of NVRH and out security partners, we are compromised, we have a solution that provides a back-up.

And finally, we expanded our existing video surveillance system to better help assist the Securitas team effectively detect and respond to physical safety concerns at all NVRH locations.

While the job will never be 'done,' NVRH continues to devote the needed resources to ensure we can stay on top of industry-wide best practices so that we can focus on our mission of patient care.

Community + Collaboration



GOOD PEOPLE BRINGING GOOD VIBES FOR GOOD HEALTH

The NVRH Summer Events Committee got out and about this summer to show our community some love. We scooped ice cream at

the park while listening to the St. Johnsbury Band and we greeted neighbors and friends at the Caledonia County Fair. We could not have asked for a more beautiful evening than the Sunday we volunteered for the Levitt AMP St. Johnsbury Music Series with Catamount Arts and artist Mobley at Dog Mountain.



Medical secretary Steve Stowell, Chaplain Abby Pollender, and cardiology nurse Reinette Hutchins scoop ice cream during a concert by the St. Johnsbury Town Band.

Photo by Paul Tidyman, St Johnsbury Band



LEFT TO RIGHT: Megan Durocher, Council on Aging; Anne Cowles, NVRH Palliative Care; Abby Pollender, NVRH Chaplaincy; Dr. Michael Rouse, NVRH Chief Medical Officer; Lucy Hickey, community member; Sara Simpson, NVRH Trustee and community member; Lisa Moore, Northern Counties Health Care; Dr. Mary Ready, NVRH Palliative Care and Northern Counties Home Health & Hospice; Rachel Lepine, Northern Counties Home Health & Hospice; Kathy Roosa, NVRH nurse.

Ethics Committee helps patients and their families navigate healthcare decision-making

Today's modern advances in medicine, combined with an increasingly aging and diverse patient population, means decision-making surrounding healthcare choices can be harder than ever — especially if you are making them for a loved one who may not be able to speak for themselves. Decisions surrounding treatments, long- or short-term rehabilitation, and palliative or end-of-life require careful consideration and thought. The NEK Regional Ethics Committee is a multi-facility group representing different backgrounds, professions, and areas of expertise who come together to assist you in your difficult decision-making and act as a sounding board and support team to help you understand complex issues from all sides.

Local vendors provide dinner for NVRH staff

To provide a dinner option for staff when the Courtyard Café was closed earlier this summer, food trucks parked outside the NVRH Emergency Department from 4 to 7 p.m. Human Resource's HR Assistant Erin Unsworth, who has experience event-planning at the Kingdom Trails, worked with six vendors, with meals ranging from BBQ and crepes to Filipino food.



Being creative allows us to engage with others outside of NVRH: a win-win for our community and our staff.

Photos courtesy of the Spicy Spoke and Smokin' Somethin' BBQ



Substance misuse prevention resources are just a click away

Thanks to a grant from the Vermont Department of Health, Division of Substance Use Programs, the Northeast Prevention Coalition, a coalition that represents Northeast Kingdom communities in support of healthy choices, has launched a new website that will now offer more information and resources related to substance use, misuse and abuse prevention. It will also help increase its online presence and brand recognition. The website is a valuable resource for anyone in the community searching for substance misuse prevention tools.



"The coalition wanted a website so we could provide community members with an online option for learning more about prevention," NVRH Substance Misuse Prevention Director and coalition member Carolyn Towne said. "It is important that we are able to make prevention information and resources available for community members, parents and caregivers, youth, and schools 24/7."



The first ever **Building Communities that Thrive Through Connection** conference was held at the Burke Mountain Resort on June 22. NVRH and Umbrella structured the conference to include topics such as engaging youth in the community, mattering and social connectedness, human-centered community building, the impacts of retail cannabis, and upstream approaches to supporting mental health. The conference also focused on social and racial equity as well as how participants could connect with local groups to collaborate on prevention efforts.

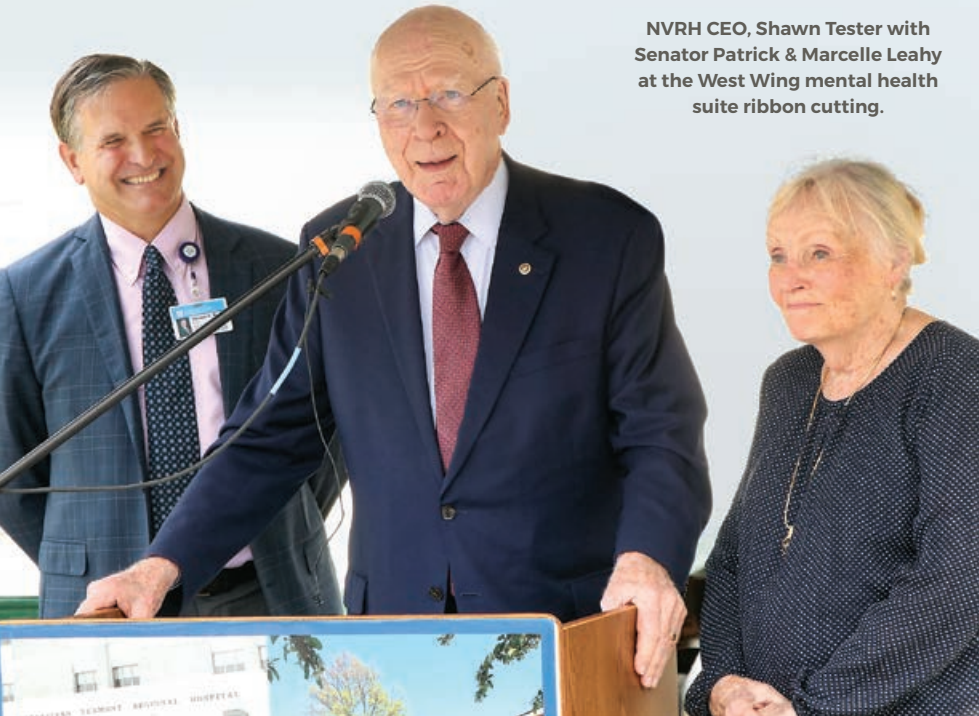


Leading a regional effort, increasing prevention capacity

NVRH has been awarded the Prevention Lead (PL) grant from the Vermont Department of Health, Division of Substance Use Programs, in the amount of \$1.2 million dollars. The grant will be for a period of two years and it will help NVRH lead a regional effort to increase the prevention capacity of the St. Johnsbury, Newport and Morrisville Health Districts.

NVRH is one of four Prevention Leads throughout the state of Vermont. Using the Strategic Prevention Framework and the Vermont Prevention Model as the foundation of their work, the hospital's dedicated prevention professionals lead the region in its efforts to address substance misuse among all ages.

PHILANTHROPY



NVRH CEO, Shawn Tester with Senator Patrick & Marcelle Leahy at the West Wing mental health suite ribbon cutting.



The Toll Family celebrating the West Wing project.

PHASE 1 Ribbon Cutting for Mental Health Support

In August, More than 100 community members and dignitaries attended a ribbon cutting event for the completion of the new Mental Health Support Area in the NVRH Emergency Department. In recognition of a Congressionally Directed Grant sponsored by Senator Leahy, which made this construction possible, as well as his life-long service to the state of Vermont, the space has been named **The Patrick and Marcelle Leahy Suite**. This suite, which includes four patient rooms, a restroom and shower, a staff station, and a social room, will provide better support to individuals who come to the Emergency Department experiencing a mental health crisis.

West Wing Project takes flight!

With an NVRH investment of more than \$23,000,000 in our community, and the largest renovation and expansion to our clinical space since our founding in 1972, the West Wing Project will be a game changer for those we serve. It will increase the number of treatment rooms in the Emergency Department from 9 to 16, and expand the Laboratory and Pharmacy. This increase in space will improve the patient and staff experience, as well as help ensure our ability to continue providing the highest quality healthcare to our region.

Donor gifts are central to the West Wing Project, and help leverage other funding sources to make the construction a reality.

PHASE 2 ED, Lab & Pharmacy Upgrades A STEP TOWARDS THE FUTURE

Through the immense generosity of our early donors, more than \$4.6 million has already been raised toward a philanthropic goal of \$5.5 million. As part of these early gift commitments, two spaces have named:

- The Emergency Department will be named **The Dr. David Toll Emergency Department**, in honor of beloved Dr. Toll's legacy of a life spent providing pediatric care to this community.
- Thanks to the generosity of Barbara and Chick Allen, the Laboratory will be named **The John L. Norris, Jr. Laboratory**, in memory of Barbara's father.
- NVRH anticipates beginning the remaining expansion and renovation of the Emergency Department, Laboratory and Pharmacy in summer 2024, with a completion date of fall 2027.

YOUR COMMUNITY. YOUR HOSPITAL. Together we move forward!

The total budget of the West Wing Project is \$23M. Federal grants and USDA loans will cover 76% of the cost; the rest will come from our community supporters — like you. And, we're on our way!



The Dr. David Toll Emergency Department



The John L. Norris, Jr. Laboratory

\$5.5M

West Wing
Project
Community
Fundraising
Goal



Scan here to learn more and invest in your West Wing community hospital project.



Golden Gala

50 Years and Beyond

For the first time since COVID, friends gathered at NVRH to celebrate our history, and more importantly, our future. More than 200 Gala attendees enjoyed a beautiful evening of food, entertainment and dancing, raising more than \$76,000 for our new Career Advancement Program (CAP), bringing the total raised from the community to over \$110,000!



CAP will address a critical nursing shortage by helping NVRH "grow its own" nursing workforce by providing educational support for NVRH employees to become medical assistants, licensed practical nurses, and registered nurses.

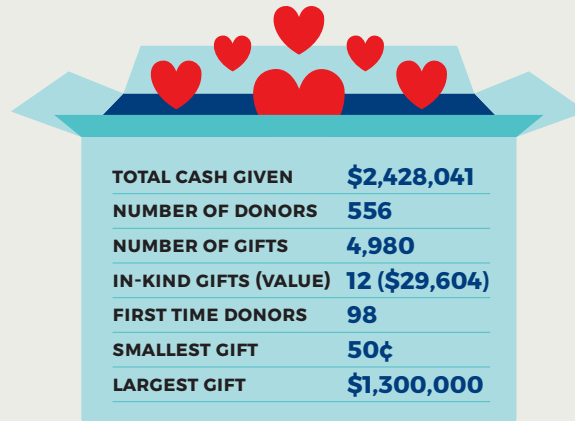
Philanthropy: Driving Progress

Innovation requires investment, and NVRH's ability to meet evolving healthcare needs is dependent upon the support we receive from the community. Your generosity allows us to meet immediate needs, as well as drive progress in the future.

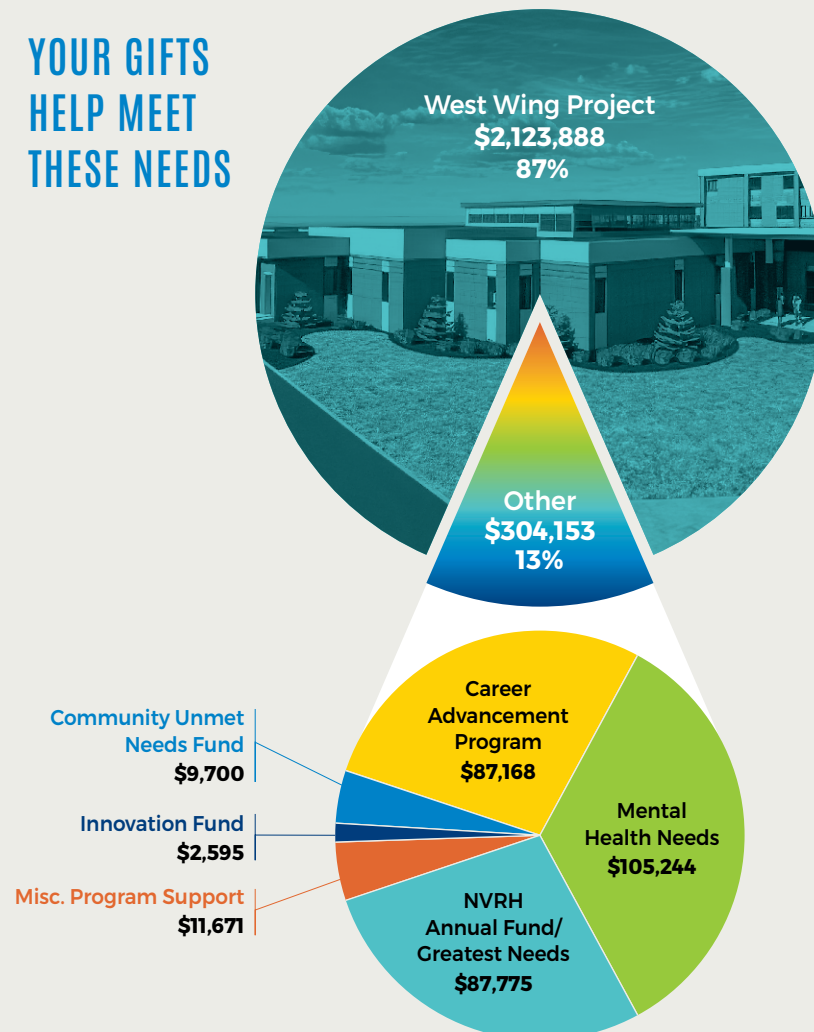
Thank you for being a driving force for NVRH!

GENEROSITY AT A GLANCE

Giving for FY22/23



YOUR GIFTS HELP MEET THESE NEEDS



THANK YOU for your support!

We are honored to recognize all of the NVRH employees and medical staff, trustees and Corporators, community friends, local businesses, organizations, and foundations who provided support during fiscal year 2022/2023. (This includes gifts made between October 1, 2022 and September 30, 2023.)

Your unwavering generosity is what sustains us and helps us proudly meet the healthcare needs of our region.

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 Steve and Sharon* Baker
 Karen A. Badurski
 Christopher* and Kayla Bateman
 Bradley and Kim Before
 Danny and Crystal Bigelow

* Corporator † Deceased

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 Yvette St Hilaire
 Dr. Laura M. Stoiber*
 Steven Stowell
 Chettha Sukkaew
 Mitchell* and Delphine Sullivan



The donor-supported NVRH Community Unmet Needs Fund met 68 urgent needs last year impacting people's wellness, such as transportation assistance to medical and service appointments, food cards, and medical supplies not covered by insurance.

Meghan* and Johnny Swinehart
 Shawn* and Loralee Tester
 Patsy Tower
 Carolyn Towne
 Thomas and Mindy Vigeant
 Charmaine Vinton
 Cynthia Waldner
 Judith Wheeler
 Angel Whitehill
 Tammy and James Wilkins
 Sarah Willis
 Sarah Winans
 The Wood Family
 Deborah Yonker* and Vincent Foy
 Sara A. Zaidi and Neil Weiss
 Jackie Zaun

Community Individuals

Anonymous (44)
 Jeremiah Aiken
 Orise Ainsworth
 Fredrick and Frances Alger
 Heather Alger* and Nicolas Anzalone
 Barbara and Chick Allen
 Joseph and Jane Alper
 Margery Anzalone
 Jane Arthur*
 David Askren
 Eric Bach
 Steve and Sharon* Baker
 Matthew Bassett
 Brian Beattie

Beverly and Paul Bergstrom
 Andrew Berley
 Gil and Fran Berry
 Kate* and Martin Bertolini
 Sharon and William Biddle
 Kevin and Nicole* Biggie
 Elaine* and David Bixby
 Lyn and Debra Bixby
 Brian Blakslee
 Naomi Bossom
 Barry L. Brado
 Joseph and Kaye Breidenstein
 Alex* and Tonia Brown
 Joan Butler
 Pamela Calderwood-Hefferman and Nicholas E. Flanders
 Anne Campbell*
 Dee Anna Carney
 Susan and Wayne Carr
 Edward J. Vilandrie and Martha D. Cavanaugh
 Marcelene Celiz
 Karen and Henry Cheney
 Susan* and Martin Cherry
 Matthew Choate
 Jo Ann Clark
 Pamela Comeau
 Timothy Comings
 Barbara Connelly
 Cathy Conte
 Harry* and Karla Cornelius
 Bruce Corrette*
 Clarence and Roxanne Courser
 Leo H. Peter Coutu
 Jacqueline Dadourian
 Dan* and Kathryn Daley
 Judy Daloz*
 Debra Davison
 Hilary* and Tom De Carlo
 Sara Demetry, LICSW*
 Robert Derosier
 Steven and Deborah Dolgin



The donor-supported NVRH Innovation Fund purchased the Emergency Department a pediatric syringe pump to ensure proper medication dosing for an increased number of our littlest patients with RSV and Flu.

NVRH Legacy Circle: Your Gift. Your Legacy.

NVRH is grateful to our Legacy Circle members who have provided thoughtful and generous support through estate and planned gifts. These gifts will help ensure that NVRH is able to meet healthcare needs into the future.

Mark and Wendy Bowen
 Charles and Wynne Browne
 Rita Calkins†
 Frances Conlon†
 Estate of Edward A. Cramton†
 Henry G.† and Kathleen C. Darling Trust
 Duffy and Patricia Dodge†
 Conrad† and Theresa Doyon
 The Dussault Family
 Jim Flynn and Claudia Mosher
 Bob† and Sharon Fuehrer
 Allan Gilmour and Eric Jirgens
 Charles† and Hanna Gray
 Gretchen and Ken Hammer
 Judy Harbaugh
 David E. Harriman Trust†
 Martha Hill
 Francis D. McGregor Trust†
 Robert McVicar Trust†
 Trust Estate of Bessie B. Morse and George C. Morse†
 Marilyn L. Moulton†
 Jim and Sally Newell
 The Estate of Sidney Nurenberg†
 The Estate of Elbert and Ethel Orcutt†
 Thomas Ryan Paul, Esq.
 Dr. Mary Ready and The Honorable Scott Campbell
 Gregory Rubin Reynolds†
 Cathy Conte
 Harry* and Karla Cornelius
 Bruce Corrette*
 Clarence and Roxanne Courser
 Leo H. Peter Coutu
 Jacqueline Dadourian
 Dan* and Kathryn Daley
 Judy Daloz*
 Debra Davison
 Hilary* and Tom De Carlo
 Sara Demetry, LICSW*
 Robert Derosier
 Steven and Deborah Dolgin

† deceased

Craig Dreisbach and Michele Authier
 Michael Dufresne
 Pamela Eddy
 Denise and Dennis Ekborg
 Martha Elliott
 Charles and Elizabeth Emerson
 Patricia* and Dana Emery
 John and Ethel Emery
 Frank A. Empsall, III*
 Carl and Nancy Erickson
 Brynn and Dave Evans
 Sheila M. Evans
 Robert Farlice-Rubio*
 Jon M. Fitch*
 Merle and Pat Fitzgerald
 Larissa M. and T. Michael Flynn
 Jim Flynn and Claudia Mosher
 Florence Ford
 Butch and Pat Forget and Michelle Bell and Family
 Peter D. Foster, Jr.
 Dr. Mielle Fox and Mr. John Howard
 Jody Fried* and Erin Narey
 Geoffrey Fried and Joanna Bodenweber
 Harold and Beverly Frost
 Sharon Fuehrer
 Richard and Carmen Gagne
 Dr. and Mrs. Richard N.* Gagnon
 Melissa and Matthew Gans
 Tony and Michele* Garges
 Leslie Gensburg
 Anita Geraci
 Anthony and Deborah Goes
 Arlene and Robert Gondar
 Robert Gottlieb and Margo Rosenbach
 Charles and Catherine Grant
 Michael and Jeanine Greenleaf
 Gloria Greenwood
 Rosina and Larry Greenwood
 Maryellen Griffin
 Mary Jane Gurdziel

Lee P. Hackett
 Sophia Boyle Hall, RN*
 John and Lisa Hango
 Ericka Hango
 Sabina Hansen
 Judy B. Harbaugh
 Joan Harlowe and Brian Kelly
 Andrea Harris
 Lawrence W. Dolan and Margaret Ann Healey
 Dr. Albert and Pamela Hebert
 Judith Heiden
 Israel and Cathie Helfand
 Layne and Lorna Higgs
 Libby Hillhouse
 Rebecca Hill-Larsen
 Carol Hodges
 Louis E. and Arlene Hoegler
 Michael and Patricia Hogue
 Dave Houston
 Dan* and Mary Hughes
 Deborah* and James Hunt
 Richard and Josette Lyders
 Heather and Ross MacDonald
 Jim and Lorraine* Impey
 David† and Karin Isles
 Geoffrey and Mary Jackson
 Linda B. Kane
 Nancy and Robert Kantar
 Rebecca Boardman and Dennis Kauppila
 Ed* and Cynthia Keenan
 Joan Kirchoff
 Jane Kitchel*
 Ken and Diana Klingler
 Dylan and Courtney Kozlowski* Bertolini
 Richard Leven
 Linda and Jim McDonald
 Evelyn McNichols
 Peter* and Barbara Miller
 Jamie Milne
 Alison K. Minshull
 Ralph Mold
 Rose Moodie
 George and Jane† Morehouse
 Harry and Claire Morrison
 Annette Morse
 Sarah A. Morse-Leblanc and Andre R. Leblanc
 Andrew and Cindy Mosedale
 Suzanne and George Mudge
 Tim and Susan Mulhern
 Jack and Carolyn Nolan
 Ulric Norris†
 Carol Novick and Larry Stahler
 Michael and Holly O'Rourke
 Isabella Oehry
 Rev. Susan Ohlidal
 Robert Pageau
 Bruce and Deidre* Palmer
 Lisa Papazian, M.D.
 Hank* and Sue Parker
 Pamela Parker*
 Dr. John O. and Marilyn A. Pastore
 Peggy Pearl
 Sonia* and Robert Peters
 Bill* and Kate Piper
 Emil and Elaine Pollak
 Drusilla B. Powden
 Macie Powers



Community individuals and businesses (like Parkway Realty, pictured here with NVRH staff) donated coats to the 2022 Paul Sweeney Memorial Coat Drive, a joint effort of NVRH, Community National Bank, and Passumpsic Bank. A total of 665 coats; 176 hats, gloves, and scarves; 17 pairs of boots; and 20 blankets were distributed to people in need.

Barry and Lynne Lawson
 Valerie Levenseller
 Pam Lewis
 Paige Lindholm
 Robert and Deborah Litt
 Susan M.W. Longchamps
 Tom and Ann Lovett
 Richard and Josette Lyders
 Heather and Ross MacDonald
 Jim and Lorraine* Impey
 David† and Karin Isles
 Geoffrey and Mary Jackson
 Linda B. Kane
 Nancy and Robert Kantar
 Rebecca Boardman and Dennis Kauppila
 Ed* and Cynthia Keenan
 Joan Kirchoff
 Jane Kitchel*
 Ken and Diana Klingler
 Dylan and Courtney Kozlowski* Bertolini
 Richard Leven
 Linda and Jim McDonald
 Evelyn McNichols
 Peter* and Barbara Miller
 Jamie Milne
 Alison K. Minshull
 Ralph Mold
 Rose Moodie
 George and Jane† Morehouse
 Harry and Claire Morrison
 Annette Morse
 Sarah A. Morse-Leblanc and Andre R. Leblanc
 Andrew and Cindy Mosedale
 Suzanne and George Mudge
 Tim and Susan Mulhern
 Jack and Carolyn Nolan
 Ulric Norris†
 Carol Novick and Larry Stahler
 Michael and Holly O'Rourke
 Isabella Oehry
 Rev. Susan Ohlidal
 Robert Pageau
 Bruce and Deidre* Palmer
 Lisa Papazian, M.D.
 Hank* and Sue Parker
 Pamela Parker*
 Dr. John O. and Marilyn A. Pastore
 Peggy Pearl
 Sonia* and Robert Peters
 Bill* and Kate Piper
 Emil and Elaine Pollak
 Drusilla B. Powden
 Macie Powers

Mark and Jane Price
 Erin Quatrini-Hill* and Andy Hill
 Marg and Sebastian Ragne
 Jerry* and Judy Rankin
 Richard and Patricia Reed
 Robert and Deborah Regis
 Lloyd Reyes
 David* and Nancy Reynolds
 Barbara and Jim Riley
 Alan M. Robertson
 Thomas Robinson*
 David and Anita Roth
 Dr. Ellen and Melvin Rowe
 The Rubalcaba Family
 David G. Russell
 Marylou Sales
 Barbara and Gregory Schoolcraft
 Tari Scott*
 Gillian* and Geoffrey Sewake
 Bettylou Sherry*
 Wilfried and Gail Sieg
 Rachel Siegel*
 Leona Smith
 Walter and Suzanne Smith
 Roberta Smith
 The Smith-Muller Family
 Aaron and Loren Solnit
 Richard Solomon
 Brian and Bobbi Somers
 Laurel Stanley*
 Susan and James Steele
 William Stevens
 James and Joanne Stewart
 Brenda Stewart and Brian Beattie
 Maggie Stockwell
 Tim and Julia Sturm
 Dan and Mary Swainbank
 Robert* and Isobel* Swartz
 Phyllis Kehley Sweeney*
 Harry† and Claudette Swett
 Vijay Thadani, MD
 C. Dart Thalman
 Greg and Nancy Thomson
 Charles and Roberta Thurston
 Abel and Kitty* Toll
 Gary and Christiana Tomlinson
 Victor and Lois Tremblay
 Cathy Dellinger and Mark Tucker*
 Dr. Thomas Turek* and Dorothy Jackson-Turek

Bill Walker and Debbie McLeod
 Sean and Victoria Walker
 Katherine Wall
 Ula Ward
 John Washburn
 Stephanie Watkins
 Steven and Barbara Watson
 Patricia and David Webster
 Diane and Duane Webster
 Jake and Cathie Wheeler
 Paul and Jean Wheeler
 Ali Willard
 Robin and Ralph Wimbiscus
 Joan M. Wollrath
 Nathalie Wood
 Carolyn Wright
 Dan* and Mary Wyand
 Thomas and Charlene Zabek
 Dr. Marjel Zaldivar and Rory Phalem
 Thomas Ziobrowski and Elizabeth Williams

Community Businesses, Foundations, and Organizations

Amazon Smile
 American Online Giving Foundation, Inc.
 Anonymous
 Aubuchon Hardware
 Barrett Insurance Agency
 Caledonia Flood Soccer Club
 Calkins Portable Toilets, Inc.
 Capital Group
 Canterbury Inn
 Choquette Diary
 Community National Bank
 Community Bank NA
 Foundation of New England, Inc.
 Dan Wyand, P.T. and Associates
 Daniel McCabe, Esq.
 Charles C. Allen Jr. Family Fund of the Delaware Community Foundation
 John L. Norris, Jr. and Barbara Norris Allen Fund of the Delaware Community Foundation
 Downs Rachlin Martin
 Fidelity Charitable Gift Fund
 Flek, Inc.
 Fred's Plumbing and Heating, Inc.

H.P. Cummings Construction Company
 Hawk Rock Foundation
 Kinney Drugs Foundation
 Lyndonville Rotary (District 7850)
 Momentum Manufacturing Group
 Morrill & Guyer LTD
 Network for Good
 NFP P.C. Services Inc
 NVRH Auxiliary
 NVRH Medical Staff
 Ocean State Job Lots
 Parkway Realty
 Passumpsic Bank
 Peters Construction Consultants, Inc.
 Price Chopper's Golub Foundation
 Primmer Piper
 Eggleston & Cramer PC
 Richard S. Kozlowski, DDS
 Roasted — Vermont Specialty Coffee Roasters
 Sanderson Enterprises, Inc.
 St J Auto Group
 The Colton Fund of the Vermont Community Foundation
 The Bobolink Fund of the Vermont Community Foundation
 The White Market
 Union Bank
 Walden Home Demonstration Group
 Wayne & Pamela Comeau Rev. Trust
 Weidmann Electrical Technology Inc.
 White Mountain Surgical Solutions

NVRH Tribute Gifts

In Honor of Crystal Bigelow
 Paige Lindholm
In Honor of Virginia H. Boyle
 Sophia Boyle Hall, RN
In Honor of Harry Cornelius
 Anonymous
In Honor of William and Sherrie F. Cummings
 Anonymous
In Honor of Debra Davison
 Brynn and Dave Evans
In Honor of Dr. Joyce Dobbertin
 Larissa M. and T. Michael Flynn
In Honor of Andrea Stauffeneker-Gould
 Peter Coutu
In Honor of Our Children and Grandchildren
 Carolyn and Perley† Wright
In Honor of Megan Haygood
 Rebecca Hill-Larsen
In Honor of Colleen E. Herry
 Anonymous

In Honor of Frederic and Kathy Hoffer
 Joan Butler

In Honor of NVRH Staff
 Anonymous (2)
 Rosina and Larry Greenwood
 Nancy and Robert Kantar
 Kate Robbins

In Honor of Annick-Marie V. Kaufman
 Israel and Cathie Helfand

In Honor of Dr. Anne M. O'Connor
 The Johnson Lange Family

In Honor of Mental Health Patients
 Anonymous

In Honor of Dan Wyand
 Harry and Claudette Swett

In Memory of Melissa Garges Armstrong
 Michele and Milton Garges

In Memory of Nancy I. Bean
 Richard and Patricia Reed

In Memory of Olivia B. Bergstrom
 Beverly and Paul Bergstrom

In Memory of Doreen J. Brado
 Anonymous
 Beverly and Paul Bergstrom
 Barry Brado

In Memory of John H. Elliott
 Martha Elliott
In Memory of The McGrew Family
 Anonymous
In Memory of Juanita Field
 Richard Solomon
In Memory of Geraldine Fosdeck
 Charles and Roberta Thurston
In Memory of Robert Fuehrer
 Sharon Fuehrer
In Memory of Gisele C. Gaskin
 Rosina and Larry Greenwood

In Memory of Wayland George Brill
 Kristine McCaffrey

In Memory of Nancy Brown
 David Brown

In Memory of Denise A. Caron
 Suzanne and George Mudge

In Memory of Shane J. Carr
 Susan and Wayne Carr

In Memory of Dienna C. Choquette
 Orise Ainsworth
 Dan Wyand, P.T. and Associates

In Memory of Ben and Rosalie Harris
 Andrea Harris

In Memory of Robert and Thelma Hood
 Pam Lewis



Michael Dufresne
 Butch and Pat Forget and Michelle Bell and Family
 John and Lisa Hango
 Ericka Hango
 Geoffrey and Mary Jackson
 Tom and Ann Lovett
 Annette Morse
 Sarah A. Morse-Leblanc and Andre R. Leblanc
 Leona Smith
 The Smith-Muller Family
 William Stevens
 Maggie Stockwell
 Benjamin J. Weed

In Memory of Leo R. and Nellie Graves-Coutu
 Patricia Coutu
 Peter Coutu

In Memory of Althea DeGreenia
 Anonymous

In Memory of Christine A. Douglas
 Richard and Patricia Reed
 John Washburn

In Memory of Karlene Dussault
 Rosina and Larry Greenwood

In Memory of Nancy M. Edney
 Lenajane and Roy Huntoon
 Andrew and Cindy Mosedale

In Memory of John H. Elliott
 Martha Elliott

In Memory of Ernest and Sarah Kent
 Rosina and Larry Greenwood

In Memory of Lawrence L. Kirchoff
 Jennifer and Joseph Layn
 Joan Kirchoff

In Memory of Donald B. Laferriere
 Rita Laferriere

In Memory of Robert F. Manning
 Libby Hillhouse

In Memory of Benjamin A. McCormack
 Caledonia Flood Soccer Club
 Jennifer Croft and Family

In Memory of Tom and Muriel Gee
 Anonymous (2)
In Memory of Russell Harbaugh
 Judy Harbaugh

In Memory of Ben and Rosalie Harris
 Andrea Harris

In Memory of Robert and Thelma Hood
 Pam Lewis

In Memory of Jean McPhee
 Merle and Pat Fitzgerald

In Memory of Charles Murray
 Carl and Nancy Erickson

In Memory of Michelle Parker
 Anonymous



Mom-to-be and NVRH Trustee Kinsley Sicard gifted baby baskets full of goodies to the NVRH Birth Center for mothers in need.

In Memory of Bernie and Ruth Hudson
 Anonymous

In Memory of Russell M. Hutchins
 Anonymous

In Memory of Hartley Jackson
 Anonymous

In Memory of Ernest and Sarah Kent
 Rosina and Larry Greenwood

In Memory of Lawrence L. Kirchoff
 Jennifer and Joseph Layn
 Joan Kirchoff

In Memory of Donald B. Laferriere
 Rita Laferriere

In Memory of Robert F. Manning
 Libby Hillhouse

In Memory of Benjamin A. McCormack
 Caledonia Flood Soccer Club
 Jennifer Croft and Family

In Memory of Tom and Muriel Gee
 Anonymous (2)
In Memory of Russell Harbaugh
 Judy Harbaugh

In Memory of Ben and Rosalie Harris
 Andrea Harris

In Memory of Robert and Thelma Hood
 Pam Lewis

In Memory of Jean McPhee
 Merle and Pat Fitzgerald

In Memory of Charles Murray
 Carl and Nancy Erickson

In Memory of Michelle Parker
 Anonymous

In Memory of Carter J. Parker
 Anonymous

In Memory of Lori Ann Parsons
 Judith Heiden

In Memory of Russell Powden
 Drusilla B. Powden

In Memory of Russell A. and Virginia B. Reed
 Anonymous

In Memory of Dorothy Rondeau
 Anonymous

In Memory of David N. Scott
 Tari Scott

In Memory of Eleanor B. Simons
 Pamela Parker

In Memory of Gary Simpson
 Bill Walker and Debbie McLeod

In Memory of Stephen R. Smith
 Roberta Smith

In Memory of Michael Sorensen
 Anonymous (2)

In Memory of Paul Sullivan
 Mitchell and Delphine Sullivan

In Memory of Elizabeth Watkins
 Anonymous

In Memory of Arthur White
 Christine E. Allsop

In Memory of Moriah Wilson
 Fiona Shackleton

In Memory of Olive Wolfson
 Bruce and Deidre Palmer

In Memory of George Wollrath
 Joan M. Wollrath

Every effort has been made to ensure this recognition list is accurate and complete. Please accept our apology for any inadvertent errors or omissions. Please report any errors to the NVRH Philanthropy Department at 802-748-7313.

AUXILIARY



High school students Lydia Gillespie (Lyndon Institute), Simone Morris (St. Johnsbury Academy), and Alexa Counter (Northfield Mount Herman School).

Hands-on SIM Lab experience inspires high school volunteers

This year, for the first time, we had summer students volunteer for a four week rotation in the NVRH Simulation Laboratory. Students learned about patient lifts and transports, how to apply a C-collar, and they practiced giving shots, drawing blood, and doing eye washes.

The practical experience, made possible because of the NVRH Auxiliary, inspired the students and helped them hone in on what they want to do upon graduating from high school. We hope to continue this summer work with our students in the future.



LNA students see what they've learned – put to action

Seven students from the Technical Education Center at Lyndon Institute were assigned a clinical rotation alongside an NVRH LNA. This first-time ever schedule allowed the students to rotate through both clinical and practice settings for a total of six weeks. This opportunity brought classroom work and practical experience together and provided a more complete education, as 100% of the Technical Education LNAs who were qualified to test for a State of Vermont license passed their exams.



Purchases & payments are now easier at the Cherry Wheel Gift Shop

The Cherry Wheel Gift Shop has updated its POS software. The new system will bring the shop in-line with NVRH and will reduce staff time and human error in its operations. Ultimately, the program makes it easier to process purchases and payments.

25 places to volunteer – one easy spot to start your application

The NVRH Volunteer Services/NVRH Auxiliary website page had a huge make over this year. Streamlining the location of valuable information for both adults and students. It is now easier to apply and find one of the 25 volunteer locations where the volunteers may be interested in assisting at NVRH. Whether you are an adult, junior volunteer, student or job shadow you can find what you need in order to apply.

Volunteer Dianne Lavigne plays her dulcimer every Friday in the NVRH lobby.



Scan here to learn more about volunteering at NVRH or call 802-748-7310.



FINANCIAL STATEMENTS

BALANCE SHEETS

SEPTEMBER 30,
2023 & 2022

The accounting records for
Northeastern Vermont Regional
Corp. and Subsidiary have been
audited by Berry Dunn, Certified
Public Accountants.

The complete audited
report is on file and is available
for inspection at NVRH's
Finance Office.

ASSETS	2023*	2022
CURRENT ASSETS		
Cash and cash equivalents	\$ 7,519,800	\$ 9,376,635
Patient accounts receivable, net	10,189,126	11,089,684
Supplies inventory	1,366,841	1,463,406
Prepaid expenses	934,257	817,474
Other accounts receivable	8,835,254	8,141,083
Total current assets	28,845,278	30,888,282
ASSETS LIMITED AS TO USE		
Internally designed for		
Capital acquisitions	18,545,836	16,922,614
Funded depreciation	4,907,278	4,272,121
Donor restricted — other	380,225	379,757
Total assets limited as to use	23,833,339	21,574,492
Due from Parent	3,366,802	4,143,153
Property and equipment, net	25,176,827	23,299,362
Beneficial interest in net assets of Parent	1,530,874	1,530,874
Other long-term assets	2,804,620	2,737,579
Total Assets	\$ 85,557,740	\$ 84,173,742

LIABILITIES AND NET ASSETS	2023*	2022
CURRENT LIABILITIES		
Accounts payable and accrued expenses	\$ 10,609,306	\$ 9,236,103
Other current liabilities	7,924,707	7,994,798
Estimated third-party payor settlements	4,588,170	5,370,970
Current portion long-term debt	848,821	1,820,769
Total current liabilities	23,971,004	24,442,640
OTHER LONG-TERM DEBT		
Long-term debt	8,287,692	8,139,783
Other long-term liabilities	1,862,636	1,678,096
Total liabilities	34,121,332	34,240,519
NET ASSETS		
Unrestricted	49,324,038	47,820,854
Temporarily restricted	1,667,112	1,667,111
Permanently restricted	445,258	445,258
Total net assets	51,436,409	49,933,223
Total Liabilities and Net Assets	\$ 85,557,740	\$ 84,173,742

*Unaudited

OPERATING STATEMENT

FOR THE YEARS
ENDED SEPTEMBER 30,
2023 & 2022

	2023*	2022
WHERE THE MONEY COMES FROM		
We billed for services to inpatients	47,492,883	43,281,044
We billed for services to outpatients	201,990,278	172,122,137
Total patient revenue billed	249,483,161	215,403,181
BECAUSE WE DID NOT RECEIVE FULL PAYMENT FOR AMOUNT BILLED		
Total uncompensated care	6,265,671	5,419,580
Those unable to pay (patient assistance) plus		
Those unwilling to pay (bad debts)		
From other contracted payors	131,053,535	104,315,038
Therefore we wrote off	137,319,206	109,734,618
OUR NET PATIENT REVENUE WAS	112,163,955	105,668,563
We had other operating revenue of	9,300,416	5,257,768
We received COVID-19 related government support of	—	2,858,400
OUR TOTAL OPERATING REVENUE WAS	121,464,371	113,784,731
WHERE THE MONEY GOES		
To pay salaries and benefits to our 693 employees	71,802,006	68,812,288
To purchase supplies and services	37,002,450	33,880,016
To pay the VT Health Care Provider Tax Assessment	6,377,974	5,615,220
To allow for wear and tear on buildings and equipment	4,074,421	3,890,403
To pay for utilities	1,467,804	1,353,896
To pay interest on our outstanding debt	415,298	223,980
OUR TOTAL EXPENSE WAS	121,139,953	113,775,803
THIS PROVIDES A NET OPERATING REVENUE OF	324,418	8,928
We had income (losses) from investments and non-operating revenue of	1,178,897	(3,487,711)
FUNDS REMAINING TO PAY ON OUTSTANDING DEBT AND TO INVEST IN THE HOSPITAL'S FUTURE (New and replacement equipment, new technology, new services, etc.)	\$ 1,503,315	\$ (3,478,783)

*Unaudited

COMMUNITY BENEFITS

PROVIDING MEANS FOR OUR MISSION

The NVRH Community Benefit program builds on the foundational belief that we have a responsibility to improve health in the communities we serve. Each year, NVRH allocates financial resources for community programs, prevention strategies, and providing medical care to all regardless of ability to pay.

NVRH quantifies our benefit to the community on Schedule H of IRS form 990. Here is a summary from our Fiscal Year 2022 Community Benefits Report.

FISCAL YEAR 2022 COMMUNITY BENEFITS REPORT

Uncompensated Care	\$ 5,715,807
Charity Care	849,758
Medical and Professional Education	59,975
Cash and In-Kind Contribution to Community Groups	357,224
Subsidized Health Services	7,317,727
Community Health Improvement Services	1,219,951
TOTAL	\$ 15,520,442

The community benefits provided by NVRH during fiscal year 2023 are calculated and submitted to the IRS in late summer 2024 and will be posted to the FY 2024 annual report.

MEDICAL STAFF

AND ALLIED HEALTH PROFESSIONALS

JOSHUA KANTROWITZ, MD

President

ANESTHESIA

Rebecca Barski, CRNA
Albert Fischer, CRNA
Michael Hawkins, CRNA
Jason Johns, CRNA
David Kapplan, CRNA
Leah Pearl, CRNA
Carroll Ruhlman, CRNA

CARDIOLOGY

Mary Dowd, MD
Evan Grove, MD
Mark Kiessling, PA

DENTISTRY

Gladys Carrasco, DDS
Jamal Kussad, DDS

DERMATOLOGY

Charles Hammer, MD

EMERGENCY MEDICINE

Lynn Borchers, PA-C
Nicholas Delaney, FNP
Stephen DiSabatino, MD
Robert Grant, MD
Shawna Johnston, APRN
Michael Lahey, MD
Betsy Piburn, PA
Shae Sauncy, MD
Ryan Sexton, MD
Joshua Spicer, DO
Jennifer Boccia, MD

FAMILY MEDICINE

Adelaide Adjovu, FNP
Brent Braswell, APRN
Logan Dege-Pearl, APRN
Joyce Dobbertin, MD
Deborah Harrigan, MD
Hannah Prevost, APRN
Mitchell Sullivan, MD

FAMILY MEDICINE WITH OBSTETRICS

Stephen Genereaux, MD
Simone Lessac-Chenen, MD

GENERAL SURGERY

Trisha Bullard, PA
Annick-Marie Kaufman, MD
Brian Smith, MD
Laura Stoiber, DO

HOSPITALIST

David Bourgeois, MD
David Brody, MD
Marie Dumas, NP
Nicole Houston, AGACNP-BC
Justin Katz, MD
Yelena Kogan, MD
John Raser, MD
Michael Rouse, MD
Christopher Stranathan, MD
Donna Toohey, APRN

INFECTIOUS DISEASE

Susan Taney, NP
Timothy Whitman, DO

INTERNAL MEDICINE

Irene Krechetoff, DO
Jessica Macleod, APRN
Thomas Myrter, DO
Joyce Vitale, ANP

NORTHERN EXPRESS CARE

Gerald Hussar, PA
Kathryn MacDonald, PA-C
Deena Masten, FNP

NEUROLOGY

Anna Driscoll, AGPCNP
Amanda Van Straten, MD

MIDWIFERY

Kathleen Hausman, CNM
Janet Kaplan, CNM
Kathleen Mulkern, CNM

OBSTETRICS-GYNECOLOGY

Lisa Baclawski, MD
Kim Johnson, DO
Courtenay Lahey, WHNP
Anne O'Connor, MD

OCCUPATIONAL MEDICINE

Jane Goodman-Page, ANP-BC

OPHTHALMOLOGY

Stephen Phipps, MD

ORTHOPAEDICS

Christopher Bateman, PA
Olivia Bellavance, PA
Jeremy Korsh, MD
Laura Nixon, PA-C
Matthew Prohaska, MD
Mark Regis, PA-C

OTOLARYNGOLOGY

Danny Ballentine, PA-C
Britney Bigelow, APRN, FNP-C
Patrick Fitzpatrick, DO
Deane Rankin, MD

PAIN MEDICINE

David Dent, DO
Mark Detzer, PhD

PALLIATIVE MEDICINE

Anne Cowles, APRN
Joyce Dobbertin, MD
Kelly Lemieux, FNP
Elizabeth Newman, MD
Mary Ready, MD

PATHOLOGY

Cathy Palmer, MD

PEDIATRICS

Lindsey Gauderer, APRN
Sarah Grycza, MD
Joshua Kantrowitz, MD
Marin Katz, DNP
Moriah Krason, MD
Meghan Swinehart, MD
Janet Wilson, FNP-BC

PODIATRY

Sarah Zaidi, DPM

PULMONOLOGY

Brittany Duchene, MD
S. Allison McCabe, PA-C

RADIOLOGY

Howard Novick, MD
Candice Ortiz, MD
Robert Smith, MD
Dr. Barry Hertz

SLEEP MEDICINE

Weili Gray, MD
Danielle Speer, MD

TELEPSYCHIATRY

Patricia Dille, PMHNP-BC

UROLOGY

Eugene Dixon, MD
Ashley Gerrish, DNP

TRUSTEES

NVRH TRUSTEES

Betsy Bailey
Mark S. Bowen
Peter Crosby
Warren Dow
Stephen Feltus
John Goodrich
Barbara Hatch
Terry Hoffer
Joshua Kantrowitz, MD
Dr. John R. Kascenska
Joe Kasprzak
Lorraine Matteis
Stephen McConnell
Natalie Morris
Mary Parent
Thaddeus Richardson
Kinsley Sicard
Sara J. Simpson
Amanda Van Straten, MD

HONORARY TRUSTEES

Catherine Boykin
David L. Brown
Charlie Browne
Charlie Bucknam
Sue Gallagher
Gretchen Hammer
Dr. Barry Hertz
J. Timothy Ide
Sam Kempton
Richard Lyon
Jim Newell
Katherine A. Silloway, DDS
Brenda Smith
Ron Steen

CORPORATORS

Corporators are an invaluable source of wisdom and perspective for current hospital leadership. They are key links in the essential communication system between members of our community and their hospital.

Adelaide Adjovu, APRN
John Ajamie, MD
Heather Alger
Joseph Allard
Steve Amos
Richard Angell
Jane Arthur
Nolan Atkins
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SERVICES

Ambulatory Services

- Day Surgery
- Pain Management
- Phototherapy
- Preoperative Evaluation

Audiology

Birth Center

- Childbirth Education
- Labor & Delivery
- Newborn Care

Cardiology

- Cardiac Event Monitor
- Holter Monitor
- Cardiac Stress Testing (Regular, Nuclear, and Echo Stress Tests)

Cardiopulmonary Rehabilitation

Care Management

Chaplaincy Services

Community Connections

Diagnostic Imaging Services

- CT Scan
- DEXA
- Echocardiogram
- Mammography
- MRI
- Nuclear Medicine
- General Ultrasound
- X-Ray

Ear, Nose, & Throat (Otolaryngology) and Allergy

Emergency Department

- MD Staffed 24/7

HIV/Hep C

Inpatient Services

- Medical, Surgical, and Pediatric

Intensive Care Unit

Laboratory Services

- Blood Bank
- Pathology

Neurology

Northern Express Care

- Walk-in Primary Care Services

Nutrition and Diabetes Counseling

Occupational Medicine

Orthopaedics – Four Seasons

Outpatient Infusion Services

Palliative Medicine

Pharmacy

Physical Therapy

- Inpatient
- Outpatient and Occupational

Podiatry

Primary Care

- Corner Medical
- Kingdom Internal Medicine
- St. Johnsbury Pediatrics

Psychiatry

Pulmonology

Respiratory Care Services

- Arterial Blood Gases
- EEG
- Inpatient and Emergency EKG
- Overnight Oximetry Test
- Pulmonary Function Testing

Sleep Medicine

Speech-Language Pathology

Surgical Services

- Anesthesia
- Ear, Nose, and Throat
- Endoscopy
- General Surgery
- Gynecology
- Obstetrics
- Orthopaedics
- Ophthalmology
- Podiatry
- Urology

Urology

Volunteer Services

Women's Wellness Center

- Obstetrics/Gynecology
- Midwifery Services

West Wing Project

Big things are happening at NVRH! Our largest expansion project in 50 years, the Dr. David Toll Emergency Department, will increase the size of our ED, Pharmacy, and Lab.





Back cover photography by Damon Catavero



Choosing Health
**Northeastern Vermont
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**Scan here to learn
more about the West
Wing community
hospital project.**